

The J.P. Joule Positive Energy Garden 2008

- In 2007 we won first prize nationally for energy conservation in the Ashden Awards. Our prize of £15,000 was presented to us by Al Gore.
- We have pledged to use the money to further educate the Woodheys community about sustainability and to share our good practice nationally and internationally.
- Prof. David Wards from SETPOINT, dresses in role as J.P. Joule and is working alongside our pupils in Year 5 and 6 on exciting science project days on Forces, Electricity and light.
- Around the garden there will be information points, telling the pupils about J.P. Joule and his scientific achievements linked to energy.
- Both inside and around the Labyrinth there will be solar powered water features, garden ornaments and lighting.
- Our herb garden will form part of our sensory trail, opposite the tactile art work displayed along the nursery wall. Herbs will be used in our school kitchen
- J.P. Joule lived in the Sale area for 17 years. The 'kilojoule' measurement of energy is named in his honour.
- At the center of our Labyrinth, the children have suggested that we have symbols of 'peace'.

Using the Labyrinth

- Our children will write prayers of peace in the world and hang them on our tree of peace for the wind to take their wishes around the globe.
- Medieval labyrinths were first developed during the 9th and 10th centuries and are commonly found in medieval churches and cathedrals in Europe. The most famous example is on the floor of Chartres Cathedral in France. People walk labyrinths for stress relief, anger and pain management, focus and meditation.
- When you draw a labyrinth or trace its shape with your finger it helps to balance your right and left brain. This expands your potential and enhances your capabilities. It is especially good for children, enabling them to do better at school and develop their latent talents.
 1. With your finger or footsteps, trace the path from the entrance to the centre of the labyrinth.
 2. If you have a problem, think about it as you enter your labyrinth.
 3. Be calm and relax. Enjoy the silence on your journey. Wait at the centre and think.
 4. You may want to repeat a quiet word or sentence on your journey, an affirmation e.g. 'Peace', 'Hope' or 'I am calm and peaceful', 'I trust my inner voice'.
 5. As you walk out of the labyrinth, open yourself to any answers or thoughts that may come to you.
 6. You may want to share your experience with a friend but only if you want to.
 7. How did you feel?

Woodheys 'Vision for the World'. International Schools Award 2008. Celebration of Multi Faith

We are delighted to inform you that we are starting a new Art and RE project with Altrincham College of Art. This will be starting in the Spring Term. The theme for our project will have a multi faith approach, celebrating the diversity of religions within our school community. We will be looking at and developing our understanding of faith symbols to produce a beautiful ceramic wall plaque. This will be displayed outside our Nursery, overlooking the stunning new labyrinth. Years 5 and 6 will be developing their knowledge and understanding of RE in special lessons provide by a specialist teacher Beverly Jordan. The ceramic work will be led by Art Specialist Sharon Blakey in conjunction with community artist Clare Hartley. Years 3 and 4 will be creating a unique footpath using natural forms which will help to represent the 'Journey of Life'. This will run through our new labyrinth.

To enhance our new project we would very much like to welcome into school any parents who would like to share with us aspects of their faith. This could enhance our assemblies or lesson time.

We are very excited and inspired by the coming events and look forward to keeping you informed of our progress. We will be opening the new labyrinth and wall plaque in a special ceremony the date of which will be arrange in the Spring Term.